



MISSION

Lonestar Soccer Club - San Antonio not only strives to develop complete soccer players with a lasting love for the game of soccer, but also to develop future community leaders by encouraging creativity, respect, and responsibility on and off the field.

VISION

- ▶ To maximize the positive influence we have as a youth sports organization on the local, regional and national soccer community
- ▶ To provide competitive opportunities for kids from all cultural and economic backgrounds through the “beautiful game”
- ▶ To be nationally recognized for player development and competitive success
- ▶ To instill healthy, positive and lasting core values in our players in order to better prepare them to compete successfully in a competitive world
- ▶ To provide a variety of programs for all ages and abilities in a safe and fun environment

CORE VALUES

At Lonestar ‘winning’ isn't everything but the commitment to be successful is uncompromising.

The core values we strive to teach and instill are:

- ▶ Integrity
- ▶ Discipline
- ▶ Respect
- ▶ Sportsmanship
- ▶ Excellence
- ▶ Leadership

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SECTION I: GENERAL CLUB INFORMATION – As of 07/2016

<u>Board of Directors</u>	<u>Name</u>	<u>Soccer Program Directors</u>	<u>Name</u>
President	Bryan Brown	Director of Coaching	Nick Hallam
Vice President	Ann Kuri	Senior Boys Program '01- '98	Eric Johnson
Vice President	Clarence Franke	Senior Girls Program '01- '98	Eric Johnson
Member	Danny Trevino	Junior Program East Girls '06- '02	Dennis Bryan
Member	Barry Burns	Junior Program East Boys '06- '02	Mauricio Ramirez
		West Program Director '06- '98	Diana Driggers
<u>Administrative Staff</u>		Assistant West Director '06- '98	Gabe Serda
Head of Administration	Monica Rheinberger	Assistant East PPD	Ian Johnson
Director of Finance and Accounting	Kathy Stoddard	Junior Boys Academy U8-10	David Garcia-Hevia
Event Coordinator / Asst. Registrar	Britt Borgia	Junior Girls Academy U8-10	Taylor Sklar
Registrar and Club Assistant	Jennifer Rios	Micro Academy U4-U7	Sergio Gonzalez
Asst. Event Coordinator/ Club Assistant	Andres Martinez	NEYSO DOC	Pete Palomino
Club Assistant	Amanda Mercado		
Club Assistant	Shokou Daneshmand		

SECTION II: OPERATIONS

Lonestar Soccer Club – San Antonio (LSC SA) is a 501(c)(3) non-profit organization.

THE LONESTAR BOARD OF DIRECTORS

- The Lonestar Board of Directors (“BOD”) is the governing board for the Lonestar Soccer Club. The BOD is responsible for the internal structure and policies of the Lonestar Soccer Club.
- The Lonestar BOD will oversee the progress and strategic goals of the Club through the leadership of our Executive Directors.
- The books and records of LSC SA are maintained in accordance with, and may be examined as required by, TX. Busn. Org. Code 3.151-3.153, 22.351, and TX. Non-Profit Comp. Act 2.23.

THE LONESTAR STAFF

- The Lonestar Soccer Club is led by the Director of Coaching, Nick Hallam.
- The Lonestar Coaching Staff report directly to their DoC, who reports directly to the relevant Executive Director; the Lonestar Administrative Staff report directly to either the Business Operations Manager, who reports to the Executive Director.
- Please visit www.lonestar-sc-sa.com for a full list of Lonestar employees & bios on coaching staff.

THE LONESTAR OFFICES AND OFFICIAL WEB SITE

- The North physical address is located at:
 - 12055 Starcrest Dr. San Antonio, Texas 78247.
 - All payments should be mailed to this address.
 - The office can assist you with all club related questions.
- The telephone numbers are:
 - Office: (210) 880 – 5772 ex. 2
 - Accounting: (210) 880 -5772 ex. 3
- The Club website is:
 - www.lonestar-sc-sa.com

For any registration, payment, or business related questions, please contact the Lonestar office. For any soccer specific related questions, please contact your respective coach or DoC with the Lonestar Soccer Club San Antonio.

All current Lonestar Soccer Club contact information may also be found at our official website.

CLUB-WIDE COMMUNICATION

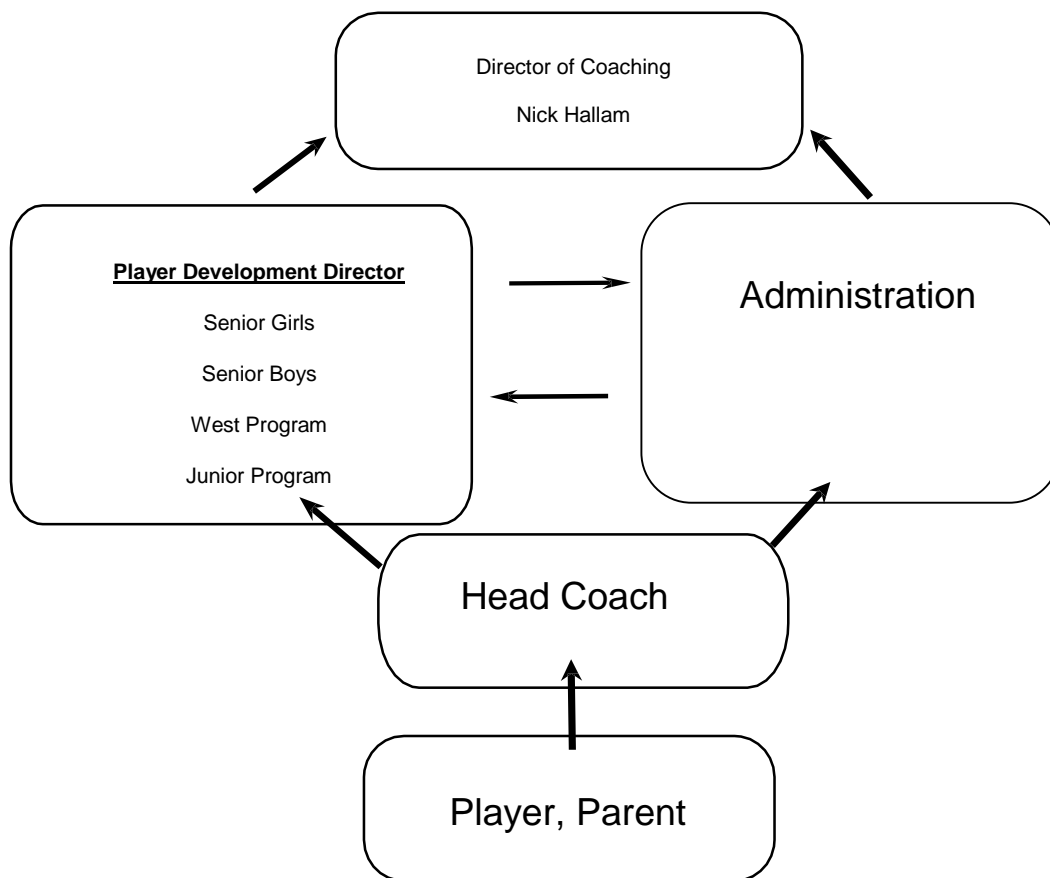
Lonestar Soccer utilizes several forms of communication to relay necessary information and announcements to players and families.

- **FACEBOOK** – Please like us at **Lonestar Soccer Club – San Antonio**
- **TWITTER** - Please follow us at **@LonestarSCSA**

● **CLUB-WIDE EMAIL**

- Emails will generally be sent from admin@lonestar-sc-sa.com , admincoordinator@lonestar-sc-sa.com or your DoC or BoD, when information needs to reach the audience in an expedited manner. Please be sure to add these emails to your safe list.
- Lonestar SC SA does not provide email distribution lists to outside vendors
- Please refer to the organizational chart as a guideline for the appropriate communication channel to follow for problems or concerns

- BoD, Program Directors and Admin Staff are listed on page three of this handbook.



SECTION III: COMMITMENT AND SELECT SOCCER PROGRAM

THE LONESTAR SOCCER CLUB TRAINING CONCEPT

- The Lonestar Soccer Club will provide a firm commitment to each and every soccer player within our club. Our club and our coaches are passionate about what we do on and off the field.
- The commitment to LSC is from June 1, 2015 through the end of the Spring 2017 season. The continued participation of a player is contingent upon the player and family abiding by the rules, agreements, and policies (including Parent and Player guidelines and responsibilities found within this Handbook), of the Capital Area Youth Soccer Association (CAYSA), Western District Division One Association (WDDOA), and the South Texas Youth Soccer Association (STYSA) & United States Soccer Federation (USSF).
- Lonestar DoCs and coaches will make a recommendation to any player they feel would benefit from moving between teams, as and when the competition rules permit such movement. Any player rostered to a team is bound to the team to which he/she is first rostered from August 1 until July 31 unless the player requests and completes a STYSA player release form with the Lonestar SC SA Office.
- A player is not allowed to play for more than one team (whether Recreational or Select) at the same time in any league with the exception of developmental players on the USSF DA teams. There are of course opportunities WITHIN our club where 2 teams play in different associations and a player can be DUAL ROSTERED to both teams. This is determined by the director/coach and family of player will be notified ahead of time.
- The Lonestar SC SA coaches have the primary responsibility for player development, instruction, and education for players, and to manage the overall growth of our players within our soccer environment.
- LSCSA will implement a ten-month **Training Curriculum** for field players and goalkeepers. Specific technical, tactical, physical and mental themes will be taught during the Lonestar season. Training will be age appropriate to the competitive level, but the ideas and methodology will be consistent throughout Lonestar during the seasonal year. Specific training needs that arise relative to each team's competitive performance are also addressed each period.
- The LSCSA training staff will evaluate all players at the conclusion of the fall/spring seasons and provide a verbal evaluation to assess the player's current level of play and progress made over the year.
- **Lonestar Friendlies** are usually the weekend after team camp where the club welcomes all players and families back to the season. During the weekend, Lonestar will face each other in scrimmages against their respective ages, or other ages and genders of Lonestar Soccer Club. Lonestar Friendlies may also be scheduled at other times throughout the year.
- Learning to play and make decisions on the field is vital to the development of soccer players. In soccer, the only way to learn how to make **GOOD** decisions consistently is to make a lot of decisions! The results of those decisions will include many successes and many failures. The beautiful thing about it is that players **learn from both success and failure!** LSCSA players will learn to make their decisions based on match training sessions, level of play, and the direct support of the LSCSA Coaches and Staff

- Lonestar Soccer Club will place our players and teams at a competitive level of play that is developmentally appropriate.

- USSFDA / ECNL
- USC – TCL
- NPL (Pre-USSF)/Premier League
- SCL
- USC-West
- Division I
- Super II
- Division II
- Junior Academy (U8-U10)
- Micro-Academy (U4-U8)

SECTION IV: PROGRAM

MICRO ACADEMY TRAINING PROGRAM (U4-U7)

- The Lonestar Micro Academy is Central Texas' Premier youth development program where players ages U4-U8 will receive professional training from the Lonestar SC SA Staff
- LSCSA provides the training aspect to the respective organizations on an equal level.
- Micro Academy Director
 - Director – Sergio Gonzalez sgonzalez@lonestar-sc-sa.com
 - <http://lonestar-sc-sa.com/page.php?p=188>

ACADEMY TRAINING PROGRAM (U8-U10)

- The Lonestar Academy is Central Texas' Premier youth development program where players ages U8-U10 will receive professional training from the Lonestar staff.
- LSC-SA provides the training aspect to the respective organizations on an equal level.
- Academy Directors
 - Director of Girls Academy – Taylar Sklar tsklar@lonestar-sc-sa.com
 - Director of Boys Academy – David Garcia-Hevia dgarcia-hevia@lonestar-sc-sa.com
 - <http://lonestar-sc-sa.com/page.php?p=184>

JUNIOR & SENIOR SELECT PROGRAM ('06- '98 – U11-U19)

- The reality we face is each player is unique, they develop at different rates. We provide the opportunity to our players to train and play at an appropriate level of play for their current level of performance. This helps us ensure we can get all players in the best environment for their continual development.

- Likewise, if a player is finding it difficult within their currently assigned environment and will benefit from increased playing time and a slightly less challenging speed of play, we can do it. Player movement exists to benefit the players, at Lonestar SCSA it happens fluidly as needed and without friction between coaches, administrators or parents.

- Senior Boys & Girls East Program Director '01- '98 – Eric Johnson ejohnson@lonestar-sc-sa.com
- Junior Girls East Program Director '06 – '02 – Dennis Bryan dbryan@lonestar-sc-sa.com
- Junior Boys East Program Director '06 - '02 – Mauricio Ramirez mramirez@lonestar-sc-sa.com
- Assistant East Junior Program Director '06-'02 – Ian Johnson ijohnson@lonestar-sc-sa.com
- Boys & Girls West Program Director '06- '98- Diana Driggers ddriggers@lonestar-sc-sa.com
- Boys & Girls West Program Asst. Director '06 –'98- Gabe Serda gserda@lonestar-sc-sa.com
- NEYSO Director of Coaching – Pete Palomino – ppalomino@lonestar-sc-sa.com
- <http://lonestar-sc-sa.com/page.php?p=348>

COLLEGE DEVELOPMENT PROGRAM (U15-U18)

- The Lonestar Soccer Club College Development Program or CDP is a special program that is offered as a benefit to being a Lonestar select player. The program is introduced in the first years of high school and is maintained throughout the high school years until the player's commitment to a university.

- The CDP is a crucial process to the youth soccer player who aspires to play college soccer. We introduce this program to the player and the parent together. The process is a four-year program that details the vital requirements for successful collegiate recruitment, including the following areas:

- Academics, Financial Aid, Athletic Aid
- College testing and preparation
- College correspondence and contacts
- Showcasing our players through tournaments with exposure to college coaches
- The importance of players taking a pro-active lead in this process

- College Profiles: Each Lonestar-SA player from U15-U18 is provided space on the Lonestar website team page for a College Profile by Lonestar SC. The Team Manager will notify the LSCSA Administrator of the team's profile coordinator who will be set up with a user name and password.

The Coordinator then provides a User Name and Password to each player on the team in order for them to post their information. To access College Profiles click "PROFILE" in the left hand column of the Lonestar main webpage then choose the team name.

OLYMPIC DEVELOPMENT PROGRAM (ODP) (from ODP website) BOYS & GIRLS

The Olympic Development Program (ODP) is still the top national identification and development program for elite players. The program identifies players to compete at the state, regional, and national levels. The function of ODP is the identification, selection, and opportunity for development of the state's top players.

For more information you can go to: <http://www.stxsoccer.org/index.html> Click on "ODP" from the sidebar selections.

SECTION V: ROLE OF THE COACH

THE LONESTAR SOCCER CLUB COACH WILL OVERSEE ALL ASPECTS OF HIS/HER RESPECTIVE TEAMS DURING THE SEASONAL YEAR.

- The coach will make all playing time decisions.
- Players who are overdue with their player fees will become ineligible, upon notice via the Lonestar Office, to participate in any LSCSA activities or events.
- Premier/SCL/Division I – no rules on minimum playing time.
- Super II/Division II – minimum 50% playing time per game until playoff competition. Please note that if a player displays a poor attitude, misses training, or is late, this may be grounds for less than 50% playing time.
- The coach is responsible for the training session and the game lineups.
- The coach is responsible to meet the goals of the Lonestar Vision.
- The coach is responsible for communicating with the manager and the team any issues that may arise with the respective team (other than D&P issues).
- The coach is responsible for calling and presiding over team meetings.
- The coach is to be on time for all meetings, training sessions and games.
- The coach is to provide player evaluations at the end of the fall and spring seasons.

SECTION VI: ROLE OF THE PLAYER

THE LONESTAR SOCCER CLUB PLAYER WILL BE ACCOUNTABLE FOR HIS/HER ACTIONS.

- All players will be required to attend all practice sessions, to arrive on time and be properly attired.
- All players will be required to arrive 45 minutes prior to game kickoff for team warm-up or otherwise specified by coach
- Notify their respective coach if they will miss or be late for a training session or game.
- Be prepared for all training sessions and games.

- Proper uniform for training and games
 - Training – Grey NIKE training jersey, red shorts, red socks
 - Game – Black or White LSCSA Nike uniform.
 - LSCSA Warm up and/or sweatshirt can be worn pregame and training – weather permitting
- Proper shoes and shin guards
 - Turfs/Cleats for training and games
 - Unaltered, full length shin guards covered fully by socks.
- Bring an inflated soccer ball of the correct size and a water bottle.
- Maintain and uphold the standards set forth by Lonestar Soccer Club on and off the field of play.
- Respect the coach, DOCs, Team Manager, all other Lonestar players and staff, the game day opposing team, and referees.
- Do not use tobacco, alcohol, or drugs.

- Do not use profanity.
- Do not act in a way that will negatively impact you, your family or LSCSA.
- All players are to act in a manner that minimizes unnecessary (dissent & undisciplined behavior) yellow and red cards during games.
- Players are to be on their best behavior while representing Lonestar Soccer Club during training sessions, games, and tournaments.
- Players will be disciplined for poor conduct at any Lonestar event.

SECTION VII: ROLE OF THE PARENT

- The role of the parent is very simple. Be a parent, not a coach or referee.
 - Do not use alcohol or tobacco during training sessions or games.
 - Support your son/daughter in a positive manner.
 - Do not coach from the sideline during games or trainings.
 - Help make sure your child is on time.
 - Once your son/daughter has joined the team's training session, do not interfere.
 - Do not interfere with the center referee or assistant referees, the opposing team's players/parents or staff, or any field marshal.
 - Do not use foul or abusive language.
 - Parents sit on the opposite sideline/half from the team during games unless directed otherwise by the coach, team manager, referee or field marshal.
 - Per published rules, parents must sit five feet back from the sideline.
 - No taunting of opposing team's players, parents, coaches or spectators.
 - Stay off the fields while the teams train or play.
 - Be responsible for your child at all Lonestar games and functions, including tournaments.
 - For soccer training or coaching issues, contact your teams Head Coach first, then the Program Director, then the DoC to resolve any problems. **Not the team manager.**
 - Immediately after training or a game is not the time to discuss issues or concerns. The 24 hour rule is in effect. This will allow a 24 hour window before any communication is made between parent and coach to allow emotions to settle. Please set up a meeting by phone or email.
 - Please note that Lonestar Soccer Club will be very firm with our parent's policy, specifically regarding how and when communication occurs to address soccer issues. If a parent is in violation, suspensions may be implemented by LSCSA.
- Player information (i.e., home address, email, phone numbers) must be kept up to date with Lonestar SC San Antonio. Please forward any changes to Admin@lonestar-sc-sa.com email and include your Team Manager.

SECTION VIII: ROLE OF THE TEAM MANAGER

- The team manager is the main contact for all relevant team information. The manager's main source of communication is via email/group me
- The manager is responsible for team coordination of activities through direction of the team coach.
- Any soccer related issues including playing time and/or tournament scheduling should be directed to the team coach.
 - Any Player Account financial related issues should be directed to the Lonestar Accounting Department
- Team managers are not debt collectors. Note that failure to pay tournament fees, travel expenses, and misc. team expenses (i.e. tournament expenses, coach travel reimbursement, college profile brochures, referee costs for scrimmages, etc), could result in disciplinary action to the player. Information will be passed to admin and players will not be allowed to play in compliance with our "no pay no play" policy.
- Please be prompt with manager's requests.

SECTION IX: TRAINING/GAME POLICIES

RULES FOR TRAINING SESSIONS

- All must attend two regular team training sessions each week.
- Additional sessions are available to any LSCSA player. They should be requested through your core team coach who will direct you to the appropriate session/s. An email will be sent to all families once the season starts with dates/times to sign up. Opportunities to train with different genders, age groups, players, teams and coaches are great developmental opportunities that players should embrace. Players are encouraged and welcome to train in additional LSCSA sessions.

MISSING TRAINING/GAME POLICIES

- LSCSA players are required to attend their respective training sessions and games.
 - Failure to attend a training session, at the DI levels and higher, irrespective of the reason, could result in limited or no playing time during games.
 - Failure to train on a consistent basis, at the SII and DII levels, irrespective of the reason, could result in limited or no playing time during games. Consistent failure to train, unless excused absences (see below), is considered a disciplinary issue.
- Excused absences for missed sessions/games will include:
 - Family emergencies, player medical illnesses/injury.

A Document is required for the following excused absence:

- School Functions (not sports)
- College entrance examinations
- Religious events

MAKE UP TRAINING POLICIES & PENALTY

- LSCSA players are required to make up any unexcused absence from a team training session, failure to do so may result in the following penalties:
 - Limited or No Playing Time
 - Suspension from Games (multiple unexcused absences)
 - Removal from team (consistent unexcused absences) – With BoD & Governing Body Approval
- Player must make up sessions the same week at a coach approved makeup session.
- It is the **player's responsibility** to contact the coach to schedule a makeup session.

SECTION X: PLAYER TRAVEL POLICY

- All players will be responsible to pay for their respective travel expenses in a timely manner to the team manager.
 - o Failure to pay may lead to non-participation in LSCSA events.
 - o **It is MANDATORY that all players on a team will pay for the tournament entry fee, regardless of participation of player.**
- All players shall adhere to LSCSA's **Role of the Player** rules when attending all tournaments with LSCSA teams. Tournament estimates will be sent to Team Managers PRIOR to the tournament for collection. Team Managers will submit actual costs to admin once the tournament has passed.
- LSCSA requires all players to stay at the same hotel as their team for away tournaments. Please consult coach if there is an issue.
- All players shall adhere to any specific instructions set forth for each tournament they may attend by their LSCSA coach and/or DOC.
 - o Curfews and hotel policy will apply to tournament and league travel.
 - o Players may be sent home if travel rules are not adhered to.
- Players are encouraged to remember the "Buddy System" when traveling to tournaments and away games for safety reasons.

SECTION XI: GUEST PLAYER POLICY

- Guest players are considered part of the Lonestar Soccer Club SA when participating at tournaments with our teams and must adhere to all LSCSA rules and policies.
- All LSCSA guest players must pay their respective entry fees for tournaments and travel expenses.
- Any LSCSA player that wishes to guest play with another club must first contact their respective LSCSA coach & DOC for approval.

SECTION XII: COACH TRAVEL POLICY

- LSCSA will be responsible for reimbursing coaches travel expenses for any League Games, WD Tournament, State Tournament, Regional Tournament, National Tournament and all ECNL/USSFDA events outside of the greater San Antonio area.
- LSCSA teams will be responsible for reimbursing coaches travel expenses, per the LSCSA Expense Policy, for any other pre or post season tournament, showcase or friendly games that do not fall into the categories listed above and are outside of the greater San Antonio area.
- All LSCSA coaches will adhere to LSCSA's **Role of the Coach** rules when attending all tournaments with LSCSA teams.

SECTION XIII: FUNDRAISING POLICY

- All LSCSA teams are encouraged to raise funds for their particular team to cover the cost of travel, team parties, and whatever else their respective team may like to utilize the funds for in order to lower team expenses.
- LSCSA requires all team managers to submit a written request for any fundraising events associated with the Lonestar Soccer Club – SA to **admin@lonestar-sc-sa.com**
 - All requests will be responded to within seven (7) business days.
 - Any reproduction of the LSCSA logo or design without express written consent from LSCSA is prohibited.
- Do not solicit for or on behalf of any personal businesses through the club/team email system.
- LSCSA teams are not permitted to solicit other LSCSA teams as a form of individual team fundraising, unless prior permission has been granted through the LSCSA President

SECTION XIV: INCLEMENT WEATHER POLICY

Every effort is made to hold practices and games as scheduled; in the event of inclement weather the following procedures will be used:

- LSCSA will update teams and players within our club about possible cancellations. Check websites and rainout numbers for updates accordingly.
 - 'Green' = fields are open.
 - 'Red' = closed all practices/games are cancelled.
 - 'Yellow' = pending; field conditions are being evaluated and an update will be forthcoming.

SECTION XIV: INCLEMENT WEATHER POLICY CONTINUED:

- LSCSA will update field status as each operating facility determines availability. South Texas weather is unpredictable and may change rapidly which may result in late notification and/or on field decisions by coaches and DoCs.
- Upon field closure each LSCSA DoC will make the appropriate decision regarding any alternate session plans on that given day of training for their program.

- LSCSA will provide a safe training environment based on current and/or forecasted weather conditions. Lightning and proximity will be a contributing factor to not train, along with flooded and saturated fields. If a session is cancelled or postponed due to lightning, all players and parents must go to their cars immediately and wait for LSCSA notification.

- Individual team coaches may try to accommodate sessions by relocating to alternate venues. This communication will go through the Team Manager from the Coach.

- League game rainouts are determined by the respective fields or leagues that teams participate in. Lonestar SC SA will not always update field status on our web-site for league games (we will for our home DII/SII Games). Respective league web-sites and rain out procedures should be monitored for league games.

- o Premier League Game Status: All field closures for games will be made on the Premier League website (www.r3plw.com). You may sign up to receive News and Game Field status alerts for your particular team's bracket (i.e.: Boys U14, Girls U16). You can receive alerts to either your email or cell phone. You can also find links to field maps and Rainout numbers as well. Lonestar SC has no bearing on Premier League Field Status.

SECTION XV: UNIFORM POLICY

- All full uniform packages (the first purchase of your package at any point in a uniform cycle) must be purchased through Soccer.com (www.soccer.com)

- There will be **no modification** to the Lonestar SC SA NIKE practice, game or warm-up uniforms or backpacks.

- USYS (or US Club/USSF Equivalent) State, Regional or National Patches are permitted to be attached to the sleeve of the Lonestar SC NIKE warm up tops and the Lonestar SC NIKE bag.

- It is imperative that parents label ALL items with the player's name, in the event items are misplaced and to facilitate their return.

- Practice jerseys should be worn to games for team warm up. Players will then change into game jerseys.

- Per published schedules the Home team is typically listed first, but not always!

- For Lonestar teams all black is our primary uniform and all white is our secondary uniform.

- o Certain home associations may require home teams to wear a light color.

- In the case of a color conflict, depending upon the league/tournament rules, then one team will always have to change. For this reason it is imperative all players should have both sets of the Lonestar uniform (including socks) at every game in order to avoid having to sit out because of a color conflict.

- Failure to resolve a color conflict could result in a forfeiture being awarded against a team, based on the rules. If we have both sets of uniforms at all games, this will never happen to a Lonestar SC SA team.

- LSCSA teams should not mix the uniforms (i.e.: black jersey, white shorts, white socks) but should wear either all black or all white.

UNIFORM NUMBERS:

- Uniform numbers are coordinated by the LSCSA Admin & LSCSA DoC
- At the beginning of a two-year uniform cycle every Lonestar SC SA team will be assigned a range of numbers e.g. 1-14, 15-28, 29-42 (8v8) or 1-22, 23-44, 45-66 (11v11) – Number ranges differ depending on club numbers.
- At the beginning of a two-year uniform cycle team managers will input player numbers.
- At the beginning of a two-year uniform cycle each number must be within the range of numbers for that team.
- If a player changes teams and a uniform number conflict exists, the club does not cover the expense of new jerseys and shorts. Players changing teams are responsible for purchasing two new jerseys and shorts from Soccer.com, if a number conflict exists with the team they are joining.

ADDITIONAL UNIFORM PIECES:

- Additional pieces of the Lonestar uniform kit including additional mandatory pieces like jerseys, shorts, socks, practice tees, OR approved optional training pieces like the training sweatshirt, can be purchased at Soccer.com (www.soccer.com) or at Soccer City if they have inventory.

COLD WEATHER GEAR:

- During cold weather practices players should wear their Lonestar warm-up with required practice uniform underneath.
- For games, warm-ups are worn during the warm-up session and on the sideline but are not allowed to be worn on the field during the game.
- Players may wear black or white long sleeve tops under their jersey. The shirt underneath must be the same color as the jersey they are wearing. Players may wear black or white slider shorts under their shorts but may not wear leggings or pants underneath. The sliding shorts underneath must be the same color as the shorts they are wearing
- Gloves are allowed; however, hats are discouraged due to the limitation it places on players ability to head the ball. Ear bands are acceptable.

SECTION XVI: SELECT FEES - PAYMENT AND FEES POLICY

- The Lonestar Soccer Club SA has established a payment schedule for all levels of play. The first payment of \$250 (non-refundable/non-transferable) is required upon signing of commitment paperwork. **Placement on the roster is not completed until the Commitment Paperwork is submitted, online requirements are completed and \$250 Commitment Fee is received by the club.**
- Monthly payments are made directly to the Club via credit/debit card, cash, or personal check. Personal checks, should be made payable to Lonestar Soccer Club San Antonio and mailed to: Lonestar Soccer, 12055 Starcrest Dr. San Antonio, Texas 78247. You **must include player name** in memo line. The player name is also the “account number” for automatic bill pay. We strongly encourage setting up automatic recurring payments which will be run on the 1st or the 15th. A \$35 fee will be charged for any non-sufficient funds check or declined credit/debit card.

- Failure to pay your monthly fees within thirty (30) days of fee payment due date will invoke the “**NO PAY- NO PLAY**” Club Disciplinary Policy. Players will not be eligible to participate in team practices, games, or tournaments until payment issues are resolved.
- Players receiving LSCSA Financial Aid are on individualized payment plans. However, payment of these fees is required monthly. LSCSA Financial Aid does not include the commitment fee of \$250, the designated volunteer hours or the uniform package. Parents are responsible for ensuring that the commitment fee is paid and ten volunteer hours are worked during the season.
- No fee payment or parts thereof will be refunded or forgiven because of player injuries, absences, withdrawals, or early release from a team. The only exceptions to this policy would be if the player provides documented proof of an injury that prevents them from playing for a full season or due to a parent’s job relocation and they complete the STYSA Player Release form.

SECTION XVIII: TEAM WEBPAGES

- Each team will be provided with a Team Webpage to post information pertinent to the individual team; such as practice, game and tournament schedules ect.
- Team Pages may be found by clicking the “Team” tab on the Lonestar-SC-SA main webpage.
- Discretion should be used in providing personally identifiable information. **DO NOT** post phone numbers, addresses , school information.
- Respect the privacy of any player not wanting to be included on the webpage.

SECTION XIX: SPIRIT WEAR

- Lonestar Soccer Club SA sells Spirit Wear through soccer.com, visit www.lonestars-sc-sa.com and click on the Fan Gear/Spirit wear widget.
- LSCA Decals may also be purchased at the LSCA Offices.

SECTION XXII: PLAYERS FOUNDATION

The foundation was started in March 2010 with the mission to raise money and provide financial aid to qualifying Lonestar families. The cost to participate in Select Soccer is a very serious undertaking for our families. For a significant number, the cost is simply prohibitive without some measure of assistance. For this reason, the Board created the Financial Assistance Committee to manage the process of awarding assistance to families that qualify. We ask that you seriously consider giving to this campaign. Remember, your donations are fully tax deductible. Please visit the Lonestar Soccer Club – San Antonio web site for registration information.

- One of the many goals of the Lonestar SC-SA is to ensure any players with the desire, commitment and ability to play select soccer be given the opportunity, regardless of financial ability. We have created the **Lonestar Players Foundation** to aid in addressing the financial needs of our players.
- ***Due to STYSA and UIL restrictions, Financial Aid awards solely assist with training fees and will NOT cover the following expenses:***
- Deposit Fee (\$250.00)

- Purchase of full Required Uniform Package (\$350.00)
- Team Tournament Fees (\$200 per yr.)
- Trainer Travel Expenses (for games, tournaments and friendlies) – see current fee chart on website
- All Personal Expenses
- Each Family who is approved for Financial Aid will be required to complete between 8-20 hours of volunteer work. These hours must be completed during the season or future Financial Aid approvals may be jeopardized.
- **Financial Aid Awards are not talent-based but are based on financial need using the Income Eligibility Guidelines as a tool.**
- Requests are not automatically approved.
- Financial Aid awards are reviewed by the FA Committee and not our coaching staff. Once your paperwork has been reviewed, you will be notified via mail or email for approval status within 2 weeks.
- For any questions regarding FA please email admin@lonestar-sc-sa.com

SECTION XXII: SAFETY

Safety Reminders:

- Your child is your responsibility right up to the beginning of practice and immediately on conclusion of the session. Please be prompt on both ends. Make note that tournaments require additional responsibilities.
- Establish the “Buddy System” with your child and another player when traveling and using restrooms at games and training
- Become familiar with your team’s players and parents, the club’s coaches, DoCs, and the office staff.
- Make notice of poor field conditions. Please report any dangerous field conditions to the Lonestar office, including away fields.
- Parents and chaperones are responsible for their respective players when traveling.
- Be aware of your surroundings. Do not become complacent.
- Adhere to the Weather policy.
- Hydrate...hydrate.... hydrate.

SECTION XXIII: INSURANCE COVERAGE AND MEDICAL INJURIES

Excess accident coverage is automatically provided to registered members of STYSA/USYS, USSFDA and US Club Soccer as a part of the registration fees. These policies provide coverage for registered players, coaches, and other officials, during sanctioned events including regularly scheduled practices and games. This coverage is secondary coverage following the player’s own family health insurance. For players or members that do not have any health insurance, this will be considered a primary insurance.

STYSA Players or members are covered:

- While participating in sanctioned STYSA play, practice or other scheduled group activity of soccer under the supervision of an authorized STYSA/Lonestar official.
- As an organized group at the direction of an authorized official directly and uninterrupted to and/or from such play or practice of STYSA/Lonestar.
- Claims must be filed within 90 days of the date of injury. Itemized medical bills are not required at the time of claim submission, but will be required to process the claim. DO NOT wait until all bills are received to submit the claim.

USSF Players:

- Any player injured while training or playing with either USSF Academy team. Please inform the National League Administrator right away. The below information must be submitted within 72 hours of the injury.
- Updated Insurance Filing Instructions: <https://www.box.com/s/jsif8jrv94cucgdoqout>
- Updated Insurance Claim Form: <http://www.ussoccer.com/teams/development-academy/resource-center/admin-coach-resources.aspx>

ECNL, Pre-USSF and any Club Soccer Registered Players:

- The deadline for filing for insurance after an injury occurred while training or playing with the Pre USSF or ECNL teams is 90 days.
- Below is a link to the US Club Soccer Insurance Information page:
<http://www.usclubsoccer.org/resources/insurance>